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# Health & Wellness

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Vanessa Rodriguez, RN, Terri Wright Walker, RN with Yolanda McKinney and baby Angelina.

## NSMC first born baby of 2012

North Shore Medical Center is proud to announce the first baby born at the hospital in 2012. At 8:10am Angelina Crystal Toribio rang in the New Year with a healthy newborn cry and parent Yolanda McKinney and Adonis Toribio were overcome with joy as they welcomed their Baby New Year into the world at North Shore Medical Center. For the medical staff at the hospital, the first baby born in the New Year is an exciting time to celebrate new beginnings.

"Every baby that is born at North Shore Medical Center is special; however, the arrival of Baby New Year is an especially celebratory time for us all," said Manny Linares, CEO of North Shore Medical Center. "We congratulate Yolanda and Adonis for the birth of their beautiful baby girl and wish their family a New Year filled with continued health and happiness."

North Shore Medical Center recognizes that welcoming a baby into the world is one of the most joyous, meaningful times of life. That's why the hospital does everything possible to make the

experience special. The hospital offers advanced medical care delivered by skilled professionals who have the experience to handle routine deliveries as well as those more complicated and high-risk.

To help premature or ill newborns, the Level III Neonatal Intensive Care Unit can provide immediate, on-site attention. Hospital-based neonatologists and skilled nursing staff provide advanced care in the technologically equipped Unit. The Unit is part of the full spectrum of care for expectant mothers who may be at high-risk, including prenatal testing, fetal monitoring, and care for women with high-risk pregnancies and deliveries.

To best prepare expectant mothers for their baby's arrival, North Shore Medical Center offers classes taught in English and Spanish. Topics include anatomy and physiology of pregnancy, stages of labor, comfort techniques of labor, Cesarean birth, and breast feeding. Tours of the Maternity Center, led by the Childbirth Educator, are part of the class.